

Abstract

A technical and art historical study of *Portrait of a Lady*, a Tudor portrait from Parham House, Sussex, was undertaken for the 2023/2024 *Painting Pairs* program at The Courtauld Institute of Art. *Portrait of a Lady* has traditionally been attributed to William Segar, and the sitter identified as Elizabeth Verney, the first mistress of Parham. The present research suggests that the sitter is Frances Walsingham, with a possible attribution to Robert Peake the Elder. This proposal is supported by research into the Tudor emblems present in the portrait, the results of a new technical examination showing changes made to the costume, and an association with another contemporary work, *Portrait of Frances Walsingham, Lady Sidney* in the Fine Arts Museums of San Francisco.